

## TIMETABLE – MARCH 2012

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:15am			Small Group Training* <i>Next session starts: 7<sup>th</sup> March 2012</i>		Small Group Training* <i>Next session starts: 7<sup>th</sup> March 2012</i>	KID'S DANCE PROGRAM
7:30am			Small Group Training* <i>Next session starts: 7<sup>th</sup> March 2012</i>		Small Group Training* <i>Next session starts: 7<sup>th</sup> March 2012</i>	
9:30am						PRE DANCE* (3-5yrs)
10:30am						BALLET* (5-7yrs)
11:15am						JAZZ MOVES* (5-7yrs)
1:00pm						JAZZ & BALLET* (8-11yrs)
2:00pm						YOUTH HIP HOP* (12yrs & over)
3:00pm						YOUTH JAZZ & BALLET* (12yrs & over)
6:00pm			6pm YOGA DANCE <i>Open level (75mins)</i>			
6:15pm	BOXING CARDIO	ZUMBA®		KICK CORE CARDIO <i>All new class starts: 1<sup>st</sup> March</i>		
6:30pm						
7:15pm	CORE & FLEX (30mins) <i>FREE with today's 6:15pm class OR \$7 drop in</i>	CORE & FLEX (30mins) <i>FREE with today's 6:15pm class OR \$7 drop in</i>				
7:30pm				THURSDAY NIGHT IN MARCH IS: ZUMBA®		**NO CLASSES ON PUBLIC HOLIDAYS

\*Some classes require registration whilst other classes are drop-in classes. For further information please contact the studio. Classes may be cancelled without notice due to instructor illness or insufficient enrolments.